**Rule Adoptions for Tuolumne County Girls Fastpitch**

Recreational League 2025 Season

Rule adoptions for any age group can be revised as the season progresses if safety becomes an issue.

Any additional rule revision must be approved by the board.

NSA Softball rules apply to each specific age group except as follows:

**6U Coach pitch/T-ball**

❖ Each team will have the board approved # players on their roster.

❖ There will be no minimum or maximum # defensive players on the field.

❖ Infield will consist of the following positions only: pitcher, 1st, 2nd, 3rd and short stop.

\*No additional infield players are allowed. Place all others in outfield

❖ Those listed positions above must play the normal areas defined for those positions.

❖ Two defensive coaches and four offensive coaches are encouraged to stand in the field to

provide encouragement and help; however, they may not make contact or obstruct the

players in any way.

❖ Only league approved volunteers/coaches who are listed on the official roster can be on the

field or assist with players in any capacity.

❖ Each player must play 1 defensive inning.

❖ Players may not bunt off the tee.

❖ Players will receive 5 attempts at bat from the coach then a tee will be brought in.

❖ The coach is not required to use the windmill pitch.

❖ The ball must travel at least 1 foot from the tee, if it does not the ball is counted as a foul.

❖ Outs are recognized and the player is to return to the dugout however, the out will not be

recorded.

❖ Play stops when the pitcher has the ball.

❖ No extra bases for overthrows.

❖ Stealing is not allowed.

❖ At bat is not complete until the ball is put into play.

❖ A batter and any runner on the base may only advance one base on an infield hit.

❖ If the ball reaches the grass, the player may take 2 bases.

❖ The last batter will only run until put out by the defense, not to exceed the two-base limit.

❖ Runs are acknowledged but will not be recorded and score is not kept.

❖ All plays at first or second base will be called by the first base coach. Plays at third will be

called by the third base coach. Any girl that is even close to safe is safe.

❖ For safety purposes, plays at home are not allowed.

❖ Girls that are out should leave the field as they would at any other level of play.

❖ There is no limit to the number of outs in an inning.

❖ Coaches will bat the whole lineup each at bat.

❖ Defensive players will return to the dugout after the last batter has run the bases or is tagged

out.

❖ Rules are subject to modification via a closed session vote if safety becomes an issue.

**Home team will have the 3rd base dugout and the visitor’s team will have the 1st base dugout.** **Home team will provide the game ball and hold the official score.**

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Rule adoptions for any age group can be revised as the season progresses if safety becomes an issue.

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NSA Softball rules apply to each specific age group except as follows:

**8U: Player Pitch/Coach Pitch**

**\*8u players will pitch from 35’ (may use the front of the circle if pitches are consistently short)**

❖ Each team will have the board approved # players on their roster.

❖ There will be no minimum or maximum # defensive players on the field

❖ Infield will consist of the following positions: pitcher, catcher, 1st, 2nd, 3rd and short stop. \*No additional infield players are allowed. Place all others in outfield

❖ Those listed positions above must play the normal areas defined for those positions.

❖ The pitcher stands with both feet in the pitcher’s circle when the coach is on the field.

❖ Two defensive coaches are encouraged to stand in the field to provide encouragement and

help; however, they may not make contact or obstruct the players in anyway.

❖ Only league approved volunteers/coaches who are listed on the official roster can be on the

field or assist with players in any capacity.

❖ Each player must play 1 defensive inning.

❖ Players will receive 3 pitches from the pitcher, if the ball is not hit, the coach will come in to

pitch and finish the count.

❖ There will not be any walks, the ball must be put into play.

❖ Outs are recognized and player is to return to the dugout however, the out will not be

recorded.

❖ Runs are acknowledged but will not be recorded and score is not kept.

❖ Play stops when the pitcher has the ball.

❖ No extra bases for overthrows.

❖ Stealing is not allowed.

❖ A batter and any runner on the base may only advance one base on an infield hit.

❖ If the ball reaches the grass, the player may take 2 bases.

❖ The last batter will only run until put out by the defense, not to exceed the two-base limit.

❖ Coaches will bat ½ the lineup each at bat.

❖ Defensive players will return to the dugout after the last batter has run the bases or is tagged

out.

❖ Players are encouraged to slide.

❖ Coaches may use any part of the pitching circle to pitch the ball.

❖ Rules are subject to modification via a closed session vote if safety becomes an issue.

**Home team will have the 3rd base dugout and the visitor’s team will have the 1st base dugout.** **Home team will provide the game ball and hold the official score.**

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Recreational League 2025 Season

Rule adoptions for any age group can be revised as the season progresses if safety becomes an issue.

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NSA Softball rules apply to each specific age group except as follows:

**Ages 10 and under: Player Pitch**

**\*10u players will pitch from 35’**

❖ Each team will have the board approved # players on their roster.

❖ For league play, there will be a minimum of 8 players and maximum of 9 players on the field.

❖ Only league approved volunteers/coaches who are listed on the official roster can be on the

field or assist with players in any capacity.

❖ Up to two borrowed players can be used for non-league games only. The last player(s) up, or out, from the opposing team should occupy right field, and if

necessary, center field, to assist defensively.

❖ 3rd strike drop rule is in effect- That is when the catcher drops the ball on the 3rd strike, the play then becomes “live”. The batter then gets a second chance to run to 1st base, but only if 1st base is vacant at the start of the pitch or there are two outs.

❖ Sliding is mandatory if it will interfere with a play. It is at the umpire’s discretion to make the call.

❖ Players may steal ALL bases.

❖ Pitchers will pitch, there is no coach pitch.

❖ If a pitcher hits 3 batters in one inning, the pitcher must be replaced for the remainder of that inning. The pitcher may return to pitch subsequent innings.

❖ If a batter is hit by the ball, the play is considered dead and the player is awarded the base, unless it occurs while swinging at the pitch.

❖ A pitched ball bouncing on the ground and then hitting the batter should not be

considered as “hitting the batter”, unless the umpire rules that the ball is thrown with such

force that the batter had no time to react to avoid being hit. \*If the home plate umpire rules that the batter did not attempt to avoid the pitch, and does not award the batter first base, then it will not count as a hit batter and the pitch will be counted as a ball.

❖ Bunting and slap hitting are encouraged.

❖ A 5 run rule will be in effect. When a team scores 5 runs ahead of the other team the ½ inning is over. This is to keep the game moving. Example: Team A has 3 runs Team B can then score 5 ahead of them for 8 total runs, and so on.

❖ Rules are subject to modification via a closed session vote if safety becomes an issue.

❖ Tournament rules will be provided as necessary and supersede these.

**Home team will have the 3rd base dugout and the visitor’s team will have the 1st base dugout.** **Home team will provide the game ball and hold the official score.**

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NSA Softball rules apply to each specific age group except as follows:

**Ages 12 and under: Player Pitch**

**\*12u players will pitch from 40’**

❖ Each team will have the board approved # players on their roster.

❖ For league play, there will be a minimum of 8 players and maximum of 9 players on the field.

❖ Only league approved volunteers/coaches who are listed on the official roster can be on the

field or assist with players in any capacity.

❖ Up to two borrowed players can be used for non-league games only. The last player(s) up, or out, from the opposing team should occupy right field, and if necessary, center field, to assist defensively.

❖ A 5 run rule will be in effect. When a team scores 5 runs ahead of the other team the ½ inning is over. This is to keep the game moving. Example: Team A has 3 runs Team B can then score 5 ahead of them for 8 total runs, and so on.

❖ 3rd strike drop rule is in effect- That is when the catcher drops the ball on the 3rd strike, the play then becomes “live”. The batter then gets a second chance to run to 1st base, but only if 1st base is vacant at the start of the pitch or there are two outs.

❖ Sliding is mandatory if it will interfere with a play. It is at the umpire’s discretion to make the call.

❖ Players may steal ALL bases.

❖ Pitchers will pitch, there is no coach pitch.

❖ If a pitcher hits 3 batters in one inning, the pitcher must be replaced for the remainder of that inning. The pitcher may return to pitch subsequent innings.

❖ If a batter is hit by the ball, the play is considered dead and the player is awarded the base, unless it occurs while swinging at the pitch.

❖ A pitched ball bouncing on the ground and then hitting the batter should not be

considered as “hitting the batter”, unless the umpire rules that the ball is thrown with such

force that the batter had no time to react to avoid being hit. \*If the home plate umpire rules that the batter did not attempt to avoid the pitch, and does not award the batter first base, then it will not count as a hit batter and the pitch will be counted as a ball.

❖ Bunting and slap hitting are encouraged.

❖ Rules are subject to modification via a closed session vote if safety becomes an issue.

❖ Tournament rules will be provided as necessary and supersede these.

**Home team will have the 3rd base dugout and the visitor’s team will have the 1st base dugout.** **Home team will provide the game ball and hold the official score.**

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Rule adoptions for any age group can be revised as the season progresses if safety becomes an issue.

Any additional rule revision must be approved by the board.

NSA Softball rules apply to each specific age group except as follows:

**Ages 14 and under: Player Pitch**

**\*14u players will pitch from 43’**

❖ Each team will have the board approved # players on their roster.

❖ For league play, there will be a minimum of 8 players and maximum of 9 players on the field.

❖ Only league approved volunteers/coaches who are listed on the official roster can be on the

field or assist with players in any capacity.

❖ Up to two borrowed players can be used for non-league games only. The last player(s) up, or out, from the opposing team should occupy right field, and if

necessary, center field, to assist defensively.

❖ A 5 run rule will be in effect. When a team scores 5 runs ahead of the other team the ½ inning is over. This is to keep the game moving. Example: Team A has 3 runs Team B can then score 5 ahead of them for 8 total runs, and so on.

❖ 3rd strike drop rule is in effect- That is when the catcher drops the ball on the 3rd strike, the play then becomes “live”. The batter then gets a second chance to run to 1st base, but only if 1st base is vacant at the start of the pitch or there are two outs.

❖ Sliding is mandatory if it will interfere with a play. Discretion is at the umpire’s call.

❖ Players may steal ALL bases.

❖ Pitchers will pitch, there is no coach pitch.

❖ We encourage the girls and coaches to have the girls swing the bat at all the balls in

the strike zone.

❖ If a pitcher hits 3 batters in one inning, the pitcher must be replaced for the remainder of that inning. The pitcher may return to pitch subsequent innings.

❖ If a batter is hit by the ball, the play is considered dead and the player is awarded the base, unless it occurs while swinging at the pitch.

❖ A pitched ball bouncing on the ground and then hitting the batter should not be

considered as “hitting the batter”, unless the umpire rules that the ball is thrown with such

force that the batter had no time to react to avoid being hit. \*If the home plate umpire rules that the batter did not attempt to avoid the pitch, and does not award the batter first base, then it will not count as a hit batter and the pitch will be counted as a ball.

❖ Bunting and slap hitting are encouraged.

❖ Rules are subject to modification via a closed session vote if safety becomes an issue.

❖ Tournament rules will be provided as necessary and supersede these.

**Home team will have the 3rd base dugout and the visitor’s team will have the 1st base dugout.** **Home team will provide the game ball and hold the official score.**